



COVID 19 Patient Advice

UPDATE MESSAGE RE. COVID-19 (CORONAVIRUS)

Dear Patients of Modality Practices in Airedale Wharfedale

This is for patients of Fisher Medical Centre, Crosshills Group Practice, Silsden Group Practice Holycroft Surgery, Farfield Group Practice, Kilmeny Group Medical Practice, Oakworth Medical Practice, and Haworth Medical Practice

Thank you to everyone who is supporting us at this time.

Please could we now ask that you **DO NOT** come to the surgery in person unless requested by a member of staff. If you need to contact us please do so via telephone or using our online services. We understand that this will make the phone lines busier during these times so if possible please use Econsult which can be found on our website. Econsult can be used for admin requests or help with new or existing conditions, a clinician will get back to you via email or telephone. If you need to be seen the clinician will inform you of this.

All **pre-booked appointments** will now be done via telephone, please ensure your contact details are up to date and correct. Please **DO NOT** attend the surgery for your appointment unless you have been asked to by a member of staff.

For **prescriptions**, please ensure you have nominated a pharmacy, if you have not and have regular prescriptions that you collect from the surgery please go to the pharmacy of your choosing and speak to them to set them up as your nominated pharmacy. To request your prescription, this can be done using online services, if you have not got access to our online services through our website please download the NHS app prescription request can

be done via these. Please note it might take a few minutes to register but once completed it is very simple to use. You can also request via Econsults.

The updated advice regarding self-isolation:

- if you live alone and you have symptoms of coronavirus illness (COVID-19), however mild, stay at home for **7 days** from when your symptoms started.
- if you live with others and you or one of them have symptoms of coronavirus, then all household members must stay at home and not leave the house for **14 days**. The 14-day period starts from the day when the first person in the house became ill

If you have coronavirus symptoms:

- do **not** go to a GP surgery, pharmacy or hospital
- you do not need to contact 111 to tell them you're staying at home
- testing for coronavirus is not needed if you're staying at home
- if you feel you cannot cope with your symptoms at home, or your condition gets worse, or your symptoms do not get better after 7 days, then use the [NHS 111 online](#) coronavirus service. If you do not have internet access, call NHS 111. For a medical emergency dial 999
- See out self-isolation guide: https://modalitypartnership.nhs.uk/images/Self-isolation_Advice_17.03.2020.JPG

Latest updates to Government information here:

<https://www.gov.uk/government/publications/covid-19-stay-at-home-guidance>

<https://www.gov.uk/government/collections/coronavirus-covid-19-list-of-guidance>

Please can we ask that you share this information as much as possible and with any groups you think would be beneficial